

Organic since 1972

LOMBARDIA

Meet 'Food Wizard' Alain Indria! Organically raised in Lombardia by his mother Odette, who started in 1972.



"Every dish, burger or sandwich is a complete, local and well-balanced meal. All our ingredients are organic. Our dishes are freshly prepared on a daily basis and do not contain additives, preservatives or artificial colorants. We don't use eggs or mayonnaise. Just real food. *echt eten en drinken!*"

Tip: Ask for **vegan cheese** + € 1,80

MORE GOODNESS & LOVE

@lombardiaResto

Lombardia Antwerp

LombardiaResto

biteappy

MACROBIOTIC

Lombardia Cafe & Diner is certified by the Vegan Society

This family loves fresh and organic food **SINCE 1972**. Support your local scene.

"Wij zijn partner van **Vredeslanden!** Hun duurzame #savethefoodture campagne past perfect bij onze Peace & Love missie."

BIO BURGERS & GRILLED SANDWICHES

"Always full of FRESH veggies!"

- Mexican Cheese Burger** € 16,50
veggy burger + kaas + guacamole
- Mexican Vegan Burger** € 15,50
falafel + guacamole
- Warme Geit** € 18,50
geitenkaas + honing
- Hot fish** € 16,50
fish (vol omega 3) + kaas
- Beasty Boy** € 16,50
bio chicken curry or spicy + cheese
- Mexican Boy** € 18,40
speltpita + guacamole + bio kip pikant + kaas
- Wacko Wild & Sweet** € 18,40
speltpita + magic mushroom + bio kip pikant + uiencónfituur + kaas

TIP: Ask for **QUINOA** i.p.v. speltpita! +€ 1 (Gluten vrij)

BIO KOUDE BROODJES

"Bij al onze broodjes krijg je een berg verse rauwkost!"

- Falafel fiesta** € 13,50
falafel + guacamole
- Magic Mushroom** € 12,50
veggie legend of Tomorrowland
- Rauwkost** € 9,50 (only veggies)
- Guacamole** € 12,50
- Kip curry or spicy** € 13,50 (bio)
- Fish** € 13,50
vis vol omega 3
- Vegan dream** € 12,50
choose: tofu/tempeh/speltseitan

YES, we are SUSTAINABLE and ORGANIC!

- V** = Vegetarian
- V** = Vegan
- LC** = Low carb
- MC** = low calories
- D** = Delox
- GF** = Gluten free
- GF** = Gluten free possible
- LF** = lactose free

Ask for **Bio-Essenbrood** i.p.v. Biobrood! + € 0,50

FREEDOM! If you have any food allergies, please inform our waiter upfront.

"Bij al onze broodjes krijg je een berg verse rauwkost!"



EXTRA TOPPING

Kan perfect bij **WARME** en **KOUDE** broodjes of bij onze **SUPER SALAD**, **DAGSCHOTEL** en **SOEP!**

- Zure room** € 1,50
- Hennep** € 1,40
- Matcha** € 2,00

- Kasha** (geroosterde boekweit) € 1,00
- Goji bessen** € 3,00



DAGVERSE SOEP

EEN GROTE KOM SOEP € 9,80

no cream, no potatoes, no added sugar!
FREE BREAD

LOMBARDIA SUPER SALAD

Assortiment van minstens 10 soorten verse rauwkost

EXTRA EXTRA

SALAD TOPPING € 3,90

- Guacamole**
- Geitenkaas**
- Bio Kip Curry of Spicy**
- Falafel**
- Magic Mushroom**
- Tofu / Tempeh / Seitan**
- Fish**

Dressing naar keuze: original / sesam + ginger

THE FAMOUS VEGGIE DAGSCHOTEL

grilled or steamed veggies - linzen quinoa / rijst / pasta / tofu / seitan / falafel / tempeh

LOW CARB SCHOTEL

grilled or steamed veggies + Proteins: tofu / seitan / tempeh / kip

Depending on availability.

SUPPLEMENTEN: Bio broodje € 2,50 / Sesam krakkers € 3,00

KIDS CORNER [max. 12j]

- Kids pizza** € 9,50
spelt pita broodjes + gesmolten kaas + rauwkost
- Kids broodje** € 9,50
broodje belegd naar keuze (kip/fish/magic mushroom) + rauwkost
- Kids burger** € 12,50
spelt pita broodje + burger + gesmolten kaas + rauwkost

Rauwkost voor de kids: tomaat + wortel + komkommer

DRINK TIP: Pulp Fiction sinaas + banaan € 5,50



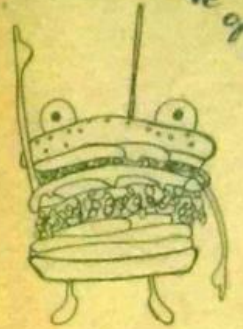
We accept most major credit cards! No alcohol served without food.

let's drink to life
DRINKS

Organic since 1972

LOMBARDIA

FOOD on the other side of the menu!



No added sugar
a no lie!

VERSE FRUITSAPPEN

- Pink** € 5,50
Pink grapefruit
- Pulp Fiction** € 5,50
appelsien + banaan
- Wortel** € 5,50
lokale boerenwortels
- Sinaas** € 5,50
PUUR, no ice
- Sinaas-Wortel** € 5,50
- Home made ice-T** € 5,90
verse munt, no added sugar

MACROBIOTIC RAW

BOOST YOUR DRINK

- Macca** € 1,20
- Ginger** € 1,60
- Kurkuma** € 1,60
- Rode Biet** € 1,60
- Chia seeds** € 1,60

Ask for the
COLD PRESSED
juice of the day
€ 7,50

KOUDE DRANKEN

- Bio limonade** € 3,90
- Bio ginger limo** € 3,90
- Bio cola** € 3,90
- Belgian Bio beer** € 4,40
- Bio witte wijn** € 5,40
- Bio rode wijn** € 5,40

- Bruiswater** € 3,50
Filtered spring water,
zero carbon footprint
- Plat water** € 3,50
Filtered spring water,
zero carbon footprint

LOMBARDIA

HOT DRINKS

An exciting new way to drink yummie organic fruit juice!
Discover & enjoy powerful organic energy!

= organic hot fruit juice!

GingerLove
CAFFEINE FREE ENERGY
ginger, orange & lemon
BIO € 4,50

GreenLove
GREEN POWER BOOST
matcha & apple
BIO € 4,90

Coconut Vibrations
ISLAND FEEL TIME-OUT
coconut & pineapple
BIO € 4,50

DetoxLove
MACROBIOTIC DETOX
ananas, kurkuma, bergamot
BIO € 4,50

Bio Hot Drink = Unsweetened / ongezoet!

#lombardiaHotDrinks

COFFEE & OTHERS

- 180 ml **Cappuccino** € 4,50
- 180 ml **Vegan Cappuccino** € 5,50
with vegan whipped cream
- 180 ml **Wrong cappuccino** € 5,50
cereal coffee with vegan cream
- 180 ml **Orzo** € 4,00
granenkoffie - cereal coffee
- 300 ml **Caffè Latte** € 4,50
- 180 ml **Espresso** € 3,60
- 30 ml **Ristretto** € 4,00
- 300 ml **Snowball** € 5,00
warme melk [kies je melk] + vegan room
- 300 ml **Hot choco** € 5,00
with vegan whipped cream

DECAF IS OOK MOGELIJK.

TEAS

- Verse Munt** € 5,50 / **Bio gròene thee** € 4,00
- Brandnetel thee** € 4,00
[boring but healthy]

choose YUMMIE TOPPINGS

- Vegan whip cream** € 2,00
- Bio Maple siroop** € 1,00
- Bio Matcha** € 2,00
- Bio Cinnamon** € 0,50
- Bio cacao nips** € 2,00

- = Vegan
- = low calories
- = Detox
- = Gluten free
- = Lactose free

YES, WE ARE
SUSTAINABLE
& ORGANIC!

KIES JE MELK:

- Bio Koemelk** for free
[van lokale boerenproductie!]
- Bio Amandelmelk**
- Bio Sojamelk**
- Bio Rijstmelk**
+0,90€

Keep cool,
stay relaxed...
with our organic chilled
lombardia drinks!

- GingerLove Cool**
Bio € 4,50
- GreenLove Cool**
Bio € 4,50
- Coconut Vibrations Cool**
Fairtrade € 4,50
- Bio DetoxLove Cool**
Bio € 4,50

ijskoud!

SWEETS

- Cheesecake** € 7,50
- Ask for our daily vegan dessert! € 7,50

GO TO OUR COUNTER AND CHECK
Raw vegan chocolate bars,
Oskri coconut bars, protein
bars, Raw bars, Organic
Chocolate,...

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